

Press Release
January 16, 2006

PROFILE

Plexmar is a junior company focused on precious metals

PROPERTIES

Gold : Oro Del Norte, Marilia, Bolsa Del Diablo in Peru

CORPORATE INFO

- 59 M shares outstanding
- Symbol: **PLE** (TSX-V)

For more information, please contact:

Guy Bédard,
president
418 658-6776 Tel
418 658-8605 Fax
e-mail :
info@plexmar.com

website :
www.plexmar.com



GRANTING OF STOCK OPTIONS

QUEBEC CITY, Jan. 16, 2006. **Plexmar Resources Inc. (TSX-V:PLE)**, wishes to announce that it has granted an aggregate of 3,750,000 incentive stock options to the directors, consultants and Paradox Public Relations. Each option entitles its holder to purchase one common share of the Company for a period of five years from Jan.13 2006 at an exercise price of \$0.105 per share. These options are subject to a hold period of four months from today's date, as required by the TSX Venture Exchange (the "Exchange") and in accordance with securities laws.

Also, the Company wishes to announce that it is pursuing its relationship with Paradox Public Relations and is extending its contract to June 1st 2006. Paradox has been awarded 500,000 incentive stock options at \$0.105 for a period of 12 months.

This grant is subject to regulatory approvals, and is made pursuant to the Company's Stock Option Plan.

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.

-30-

FOR FURTHER INFORMATION PLEASE CONTACT:

Paradox Public Relations
1-866-460-0408
1-514-341-0408